## Coastal Podiatry Associates





Spring is almost here! It's the perfect time to embrace the outdoors but before you lace up those sneakers, make sure your feet are ready for all the adventures that await. With your feet in tip-top shape, you'll be able to fully enjoy all the wonders of springtime while staying active and energized.

So why wait? Contact us today and take the first step towards happy, healthy feet!

## We're here to help you keep your feet feeling their best.

Each doctor with Coastal Podiatry Associates specializes in state-of-the-art foot and ankle care and is Board-Certified by the American Board of Foot and Ankle Surgery. Together they have decades of combined experience and are trained in advanced surgical and nonsurgical podiatric solutions.

Their goal is to provide you with gentle, optimum quality foot care at affordable prices and to deliver their care in a compassionate and conservative manner.

Personalized treatment programs are developed to satisfy individual foot care needs.

**Get in touch!** 843-449-3668



## **Shrimp and Spinach Salad with Hot Bacon Dressing**

Enjoy this bright and flavorful salad that requires minimal time and effort to prepare. This vibrant dish is bursting with fresh ingredients that will tantalize your taste buds.



## **Questions about gel inserts?**

Have you ever bought a pair of shoe inserts, only to find that they didn't quite do the trick? It's frustrating, right? The truth is, not all shoe inserts are created equal.

**Learn more here** 

We look forward to seeing you at any of our five convenient locations in Myrtle Beach, Conway, Little River, Surfside Beach, or Carolina Forest.

1-843-449-FOOT (3668)

Get in touch!



